

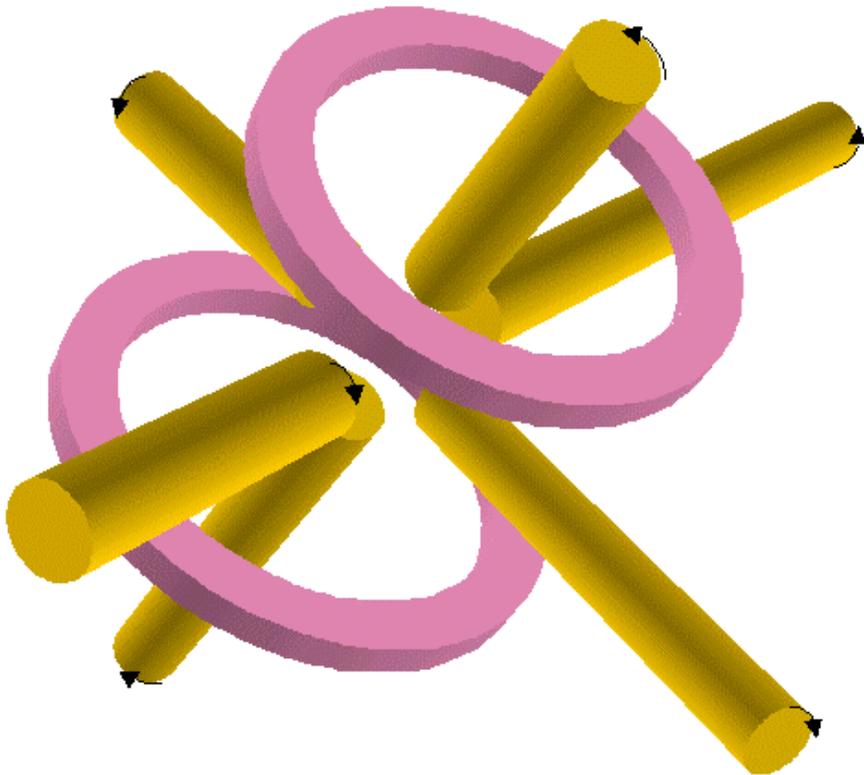
*AdvancedMindPower.com*

Comprehensive Hypnotic Influence,  
Meditation & Mental Power Strategies

**A. THOMAS PERHACS**

# **MAGNETO**

*“THE ENERGY OF  
ATTRACTION POWER”*



ADVANCED MIND POWER

# Magneto: The Energy of Attraction Power

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**magneto-** \Mag"net\*o-\ [See [Magnet.](#)] A prefix meaning pertaining to, produced by, or in some way connected with, magnetism. (2) Permanent-magnet alternating generator employed when the output of energy required is very small. Magnetic Field.

## Introduction

Most people would wonder why they would want to be more magnetic with their energy...Most people would ask, does this really work? What is it about some people that can attract to them virtually any thing that they want?

What you will find in this course are practical methods to increase your energy and attraction power. These methods do in fact work and can work for you, if you apply them to your current situation. You will learn methods that until recently have been regarded as secret methods of energy & attraction development.

There are many examples of how this works, but what is not usually explained is how you can harness this power for your own purposes. We are going to take a look into this unique topic and really dissect what it takes to become the type of person that can positively attract things to them. Here are some examples

- **Examples of Magnetism and Energy Manipulation**

- **Rock Stars:** Did you ever notice how girls will throw themselves at a musical performer? They are literally in a trance that the performer has put them in through the musical vibration and the lyrics of the songs.
- **Preachers:** Ever been to a powerful sermon, where the congregation gets up out of their chairs to conduct healing or highly spiritual prayer sessions?
- **Motivational Speakers:** The motivational speaker entices his crowd by getting them to do what he wants them to do (at least for the moment). He can sell them books, tapes and additional seminar tickets and they do what ever he/she says.
- **High Powered Business People:** How do you think someone becomes a millionaire or multi-millionaire? More often times than naught, they are the type of people that can get people to do things for the company than they would ever do for themselves, thus allowing them to benefit greatly from the growth of the company.

What you will notice in each of the cases above is that each of these types of people has a powerful attraction energy mechanism that goes on between them and their respective audiences. This magnetic energy is within all of us. What these people do is harness it to attract to them what they want.

We will be studying in detail exactly what it takes to attract anything that you want in your life as long as you keep in mind that you must do it with the goal of making it a win/win. Which means your attraction should not only be a benefit for you but for your subject as well.

## Expectations

So, what can you expect from this course? You can expect that the path will be uncovered for you to learn how to increase your energy and become a powerful attracting force. The caveat is that these types of things take time and effort to learn, and that merely reading or listening to CD is not going to make you a “Magneto”.

You must put action behind the concepts discussed and make the effort to want to change. Once you realize that in life, change is a constant and that you must change for the better in order to get this to work, you will naturally understand the full potential and how powerfully the concepts in this course can work for you.

**"Change is the only constant in life. Come to terms with change and you can excel at anything in your life"**

## Magnetic/Internal Energy

This course will go into great detail on how to create the physical aspect of energy Manipulation as well as great detail on how to harness and increase the Mental Power Training that is “Magneto”. Here is a brief explanation of the different types of energy.

- **Physical Energy**- This is the physical manifestation of the energy that you have inside of your body. This requires training that will enable you to produce an actual feeling to your energy versus just using your mind.
- **Mental Energy**- Using the mind alone to produce the results that you are looking for.

- **Sexual Energy**- The energy that can be used to super charge your magnetism.

Naturally, using both the physical and mental aspects of this will cause your energy manipulation results to go up exponentially.

Everyone has a certain amount of energy that they have developed over their years and to some extent, like some athletes are naturally more gifted than others, there are some that have a pre-disposition on how to use their energy abilities to their maximum than others.

This being the case, some of you will already be at higher level than others. Just know that no matter where you are on the scale, this course will teach you how to improve your ability to use your energy.

You can use this energy for many different things, such as healing or helping people or for combative or self-defense measures. Although these may be the most common, there are probably hundreds if not thousands of techniques that can be used with energy.

When you wonder how real this magnetic energy is, just remember some of the examples listed above as well other examples that you can find if you do the research. A lot of times, when you undertake training like this, you need to do the proper research to make sure you are justified in your endeavor.

**“ You must feed your mind the outcomes that you want, not the ones that you don’t want”**

## Creating a Powerful Energy Source

*How you can create a potent energy that will allow your attraction abilities to increase substantially*

### BREATHING WITH POWER:

Often when new practitioners begin doing energy Power Exercises, they will overlook the most vital information in this book: how to breathe correctly. After you have fully read the book, and listened to the CDs, you will have a very good understanding of how all of this works. You can't learn the art of focus without it!

Deep-breathing, called Chi Gung, increases the energy level in the body. It adds body chemicals from your glands, as well as more fully oxygenating the blood, giving the muscles an extra measure of power. By directing the enhanced blood to the tips of your fingers, your kinetic or electrical energy (Chi, pronounced Chee) can be forcefully expelled outside your body. Note: Chi is often called Ki, Qi, Ji, Chy, or Kee, but it is all the same thing.

Your Energy Point is located about 2" below your navel (belly button). Draw your breath in slowly thru your nose, downward thru your lungs and intestines to your Energy Point. Your actual breath extends only to the bottom of your lungs. But the electrical energy force can be directed to any part of your body. The location of your Energy Point is so your energy will pass thru the massive blood supply in your abdominal area. During relaxed breathing, your abdominal muscles should expand. Do not attempt to regulate your breath by counting. It causes great confusion to the art of learning to focus your mind thru developed reflex action. Energetic Breathing should be practiced at your natural breath rhythm as if you are deep-sleeping.

Exhaling the waste products, which your blood has carried to your lungs, is as important as inhaling the oxygen. Energy Power practice should be performed in an oxygen-rich atmosphere with few air pollutants. If you are indoors, you should have live plants in the room (especially the sleeping room) because the plants produce oxygen. Air purifiers, such as electronic ionizers, are now available for home, office, or automobile. They emit negative ions which attach themselves to air pollutants and remove them from the air, thus freeing the oxygen molecules. They are highly recommended for use where practicing Energy Power Training. A good one will clean microscopic particles, including viruses and radon from a room. Ion filters are NOT mere air filters. Ion filters free the oxygen to breathe.

**YIN AND YANG:** There is a balance in nature, which the Chinese call Yin and Yang. It is two opposite forces, like the poles of a magnet. Sky is thought to be the brightest and most Yang thing God created in the universe (positive). Earth is considered the darkest thing, or Yin (negative).

**GRAVITY AND ANTIGRAVITY:** Your body is powered by electrical energy. Yin Energy (negative ions) attracts or will draw things to you. It is a force of gravity. Yang Energy (positive ions) pushes things away. It is a force of antigravity. Yang Energy is the ion shield that protects your body, and powers your strikes in battle.

**NEGATIVE ION FORCE:** This should be your usual state while relaxed deep-breathing. The ion pulling force (Yin Energy) will draw things toward you. You will more easily feel the energy of others and increase your mental awareness. Even with your eyes closed, you should feel the movement of others. This will be especially true if they intend you harm. They will be creating a Yang energy force you can actually feel at a distance. As the Yang energy force gets very near you, you can be shocked awake even if you're asleep.

**POSITIVE ION FORCE:** It is very important to have your body so well-trained that you can instantly focus to any part of your body. The positive ion force (Yang Energy) will act as your shield. Forced, vocal, deep breaths, along with strongly tensing your muscles in a wave from your toes up thru your entire body, can build your protective shield, and power your strikes in battle. Tensing your muscles begins the blood vessel shrinking process. Your glands then will release chemicals to help shrink your entire vascular system (about 60,000 miles long). The shrinking of your blood vessels greatly speeds the flow of blood cells.

Electrical energy and heat are generated by the dynamic action of the blood cells as they rotate and speed in orbit throughout your body. The stars and planets create gravity this same way, as they rotate and speed in orbit thru the heavens. You can actually control one of the most powerful forces that God created, because you were created in His Image, not the image of an animal! Animals do not have your powers.

## THE OBJECT OF ENERGY POWER PRACTICE

**IS TO: (1) Build your breathing into a natural deep-breathing habit.** The number of breaths you normally take per minute should decrease. **(2) Keep your internal organs in a constant state of balance.** **(3) Increase the size of your blood vessels.** Your ability to greatly enlarge and shrink your blood vessels, naturally and without drugs, is the key to great Energy Power. **(4) Increase proportionally, the volume of blood your body will hold.** This requires traditional type exercise, as well as Energy Power practice. It is the secret of endurance and great strength. **(5) Teach you to focus your thoughts instantly to any spot on or in your body, for the purpose of tensing or relaxing your muscles.** This combination will greatly increase your mental and physical awareness. God commands us to rest, as well as to labor. By your continual affirmation to trust God, He will forewarn you of danger, expose untruths, better your life quality in every manner, and increase your lifespan. Speak out for God, and God will reward you. Test Him! That's His Written Promise!

**BALANCE:** Yin/Yang balance is essential for good health. Yin/Yang muscle control (tensing and relaxing). Yin/Yang breathing. People inhale oxygen and exhale carbon dioxide. Plants "inhale" carbon dioxide and "exhale" oxygen. Certain foods are Yang foods, that will raise the body temperature. Yin foods will lower the body temperature. The pharmaceutical companies have exploited this knowledge, to develop chemicals which offer cures for nearly every disease. But many people now rely solely upon these chemicals and become addicted. This throws the natural healing force of the body out of balance. All medicine is simply an aid to the natural healing powers in your own body, and should be treated as such.

The Spirit of God is not even considered by many physicians. But that Spirit is essential for healing and keeping healthy both body and mind. Your body is considered the temple of the Spirit. God, Who humbled Himself to become flesh, took away the corruptible spirit of mankind and replaced it with His Holy Spirit, remaking us into Image Beings, so that we may have power to resist temptation of those things that are hurtful to the flesh. This Holy Spirit is known as the Comforter to those who believe in the Savior. There will always be a way to escape temptation! To please God, giving part of one's time for exercise in order to properly care for this fleshly temple is essential.

Moderation in exercise, eating, drinking, and work, is required. Both the quality and quantity of food should be carefully considered, in order for the temple to be useful. It is not the same for everyone. The air that you breathe should be reasonably free of pollutants and filled with oxygen. In a city atmosphere, oxygen can be added with live leafy plants in your practice area.

## Energy Vibrations

Everything that we do Vibrates... All energy vibrations are related to both animate and inanimate objects. This vibrational energy is one of the many types of energy that we are going to cultivate to develop our attraction powers.

Anything that produces light is a transmitter. It produces light energy. Light is energy.... The complete field or continuum of energy covers all the vibrations that an object will respond to, or has within it.

Each of the vibrations of our senses responds and combines with specific frequencies. It detects and vibrates with these frequencies. It repels some of these frequencies, and it absorbs some of these frequencies. When your sensing faculty detects a frequency, some of it is absorbed and some is repelled. The frequency that is absorbed is converted to a different frequency, which is then transmitted to the brain.

All senses receive energy from the electromagnetic field, convert it to nerve energy, and transmit it to the brain. The sense of sight receives light energy, converts it to nerve energy, and transmits it to the brain. The same can be said of the sense of smell, sense of taste, touch, and hearing. Our biological senses detect physical vibrations, convert them, and transmit them to the left-brain hemisphere.

The left-brain hemisphere receives nerve energy from the physical senses, converts it to subjective energy, and transmits it to the right brain hemisphere. The right brain hemisphere also has a set of senses. They are subjective, at a different dimension, not within the physical electromagnetic spectrum that includes sound vibrations, visible light, etc.

By understanding how this vibrational energy works is important so that you can start to experience the value of taking conscious thoughts and feeding them into the sub-conscious or un-conscious mind. All of this directly relates to becoming a magneto...

When things vibrate, and we sense information through the internal vibrations of an object we can then start to create a higher understanding of how we can then relate to that vibration in terms of its power, clarity, information, feelings etc.

**“ Ideas are your masters and determine your attitude”**

**Exercise: Sensing Vibes(vibration)** Next time you meet someone do this exercise. It can be someone you know or a complete stranger.

1. When you meet them and shake their hand or greet them start to feel their energy vibrations.
2. Determine in your own mind before they tell you how they are doing, what their feelings are.
  - a. Are they upset
  - b. Are they happy
  - c. Are the feeling good or bad
  - d. Are their relationships stable
  - e. Any other feelings that they may have
3. See if you can then project your good feelings on them and get them to notice by them telling you how positive or good you feel to them today.

Your body's vibrations penetrate objects within your presence and affect the internal vibrations of the objects. Your body radiation charges up the object with your own frequencies. This is why often times you can tell how someone is doing just by the “vibes” that they are putting off.

When you touch a ring, or another personal item that you have for instance, it becomes an extension of you; it is saturated with your own vibrations. Later, someone else can hold the object, and sense the vibrations of the previous owner. Of course it takes great sensitivity to do this, and you can learn this with a little practice.

### EXERCISE: OBJECT SENSITIVITY

1. Take a personal object from someone you know
2. Hold it and start to feel the energy of the person
3. Do your best to tell something about the person

You can also try multiple items from different people and try and feel whose item the object is. Make it a game and this will be great fun as you are learning how to become more sensitive from someone’s vibrational energy.

**“Always discipline your imagination”**

## Attraction Energy and the Emotions

*When you fully understand the connection between your magnetic attraction energy and your emotions, you will truly have the answer to attracting those things you want.*

The law of attraction, attracts to you everything you need according to the nature of your thought life. Your environment and financial condition are perfect reflections of your habitual thinking.....**THOUGHT RULES THE WORLD!**

**“There is no shortage of what you want, It is like the air you breath”**

Once you truly understand that everything that you desire is out there waiting for you, you will get excited about the possibilities of what life has in store for you.

The problem with most people, is they think too small, or their expectations are set too low. They don't really believe they can have what they desire, and so therefore they get what they are attracting through their energy...Which is shortage and lack.

Just come to the conclusion that everything you want is out there and has your name attached to it. Begin to really and truly believe that the creative attraction power within you is unlimited..... **So believe it.....**

## The Steps to Begin Becoming a Powerful Attracting Force

- **Becoming an Attracting Force (Drawing things to you):** This is the totality of what Magneto is all about. Getting yourself to become an attracting force, a mechanism to draw to you what you want, need and desire.
- **Physical Energy:** Fully comprehending that the attraction force is a totally physical force that you can increase and mold to any given situation.
- **Mental Energy:** The mental side of the game is the side that takes most work. Getting our mind to function as we want it to, not as it has functioned up until now.
- **Sexual Energy:** Harnessing the most potent energy we have to utilize in the attraction process. There is no more powerful attraction than that of the pulling of sexual energy.
- **Energy Vibrations:** Learning how to get the right vibrations sent out to get the things you desire. The key is to make sure you are sending out the right positive vibrations for the desired effect.
- **Seeing yourself as a “Magneto”:** See yourself as a powerful magneto or attraction force. Believing that you are that Magneto is important.
- **Alpha Male/Female:** In relationships or looking for romance, are you playing the role as the alpha, the first or the leader. This is a mind set that transfers to the physical as well as the sexual.

## The Seven (7) Positive Emotions

These are the emotions you want to be cultivating at all times. In order to keep yourself going towards the objectives of what you want, you must be in a place mentally that is positive and leads to a robust well being.

1. Desire
2. Faith
3. Love
4. Sex
5. Enthusiasm
6. Romance
7. Hope

**“Don’t ever let anyone ruin your day or spoil your attitude of fun”**

## The Nine (9) Mental Impurities to Avoid

1. Envy
2. Hatred
3. Revenge
4. Covetousness
5. Superstition
6. Anger
7. Fear
8. Worry
9. Jealousy

These (9) mental impurities should be removed from your life as much as possible as they have no positive value.

Anytime you feel one of these emotions creeping in, you must recall the power of negative and these mental impurities. Negative is 14 times stronger than positive, so if you decide to harness one of these emotions, you may be causing an amplification of the wrong emotions, thus causing problems to occur in your life.

The good news, is you control your emotions more than you think. Don’t ever let someone or something control your emotions. First off, no one can control your emotions, you must decide to let them.

With these skills, you are now becoming a different person, a stronger person with a stronger mind and the ability to negate the negative in your life.

**Affirmation: “I have a strong mind and can control my thoughts and emotions.”**

## Advanced Mind Power Training: Re-Framing Your Mind

*Discarding your past mistakes, failures and baggage is the first step to making your mind, body and spirit clean from past garbage*

### The Past is Not Your Doorway to Your Future

Probably the most important thing for you to do as you prepare to become a powerful attracting force is to discard your past mistakes and failures. It doesn't matter where you have been in life, it is only important that you, plant your feet and move from where you are.

Most people take all of their past failures and baggage and allow it to effect them now. Whether you were successful in the past or a total loser, failure, geek or whatever terms you want to use.....Dump it.. Get over it.. Like we covered before, change is inevitable so make it positive and change for the better.

The following are mental exercises to perform that will allow you to get better control of yourself by discarding the negatives of the past, while at the same time increasing the vision of past successes.

**“Your dominant mental attitude is your real boss”**

## Exercise: Shrinking your problems and challenges into insignificance

1. Take all of your problems and challenges and put them in a picture frame
2. See them very vividly; almost so that you could touch them, feel them.
3. Slowly start to adjust the picture so that they start to shrink.
4. Shrink them down into the bottom of the frame and then push them all the way over to one side.

De-Focus from them due to them being so insignificant. Once you shrink them down so far, they will be imperceptible by you.

The past never goes away...The subconscious mind stores every event that you have ever experienced. This is why you just can't totally get rid of it, but you can make it so small and insignificant that it no longer affects you.

### Take out the Trash- Dumping the Garbage of Your Mind

Make a conscious decision to get rid of all of the garbage of your mind. I use the analogy that you need to just take out the trash. The thing is that like all garbage, you need to continually take the garbage out. As you get started, you may find yourself taking the garbage out everyday so that you can keep yourself focused on where you need to go.

So how do you do this? It really is easy, you just need to turn the switch in your mind from lose to win. The subconscious portion of the mind believes what ever you tell it to believe, whether it is true or not. So what you need to do is feed your subconscious mind with what you want it to act on, not what you don't want.

### “Mind Fasting”- Removing Mental Impurities

Just like you can remove impurities from your body by fasting from food, you can do the same thing with your mind, by allowing yourself to fast from the negative things that get into your mind and abstain from those things for a predetermined period of time.

This could include not watching the news on TV, not reading newspapers, staying away from negative people, physically removing your self from a harmful relationship.

**Affirmation: “Opportunities are always knocking on my door”**

## The Key to Controlling Your Emotional Content

If you truly understand the following statement, this entire book will have been worth you reading. As a matter of fact, this one statement can change your life the moment you internalize it and act on it.....Now

**“It is how you act that determines how you feel, not how you feel that determines how you act”.**

Many think that you are controlled by your emotions. In fact, those that become a strong attractor or Controller (see Manipulation Course) decide to make their actions control their emotional content. Action has a positive effect on your emotions because you are creating a habit of doing what needs to be done, not using your emotions as the reason for lack of action.

You are in total control of how you want to feel at any given time. Your emotions are controlled by you, and you alone. Many people will say, “He hurt my feelings”. Well that is incorrect, because no one can hurt your feelings. They may say or do something that causes you to react a certain way, but they are by no means controlling how you feel.

Learn how to act the way you want to feel not how outside circumstances are controlling you. This one key is really what this course is all about. Write this statement down on a piece of paper and carry it around with you always. When you feel yourself getting down for some reason, read this powerful sentence and commit it to your memory, it's that powerful.....

**Affirmation: “It is how I act that determines how I feel, not how I feel that determines how I act”.**

## Balloon Head Exercise

With this exercise, you allow yourself to release negative thoughts and impulses.

1. Sit down in a comfortable chair
2. Close your eyes
3. Take 10 deep breaths, feeling yourself starting to get more relaxed with each breath
4. Visualize a limp, unfilled balloon on the top of your head.
5. Start to fill the balloon up with all of the negative thoughts, problems and challenges that you may have.
6. After the balloon is filled, visualize it taking off and going up into the sky and into space.

Let the problems float off into depths of space, never to return to your line of thinking.

## Setting Your Mind Switch to Success

Flip your switch to success. To do this, you must first come up with a definition of what success is for you. It could mean getting in the absolute best shape of your life or achieving a high level of financial success. For others it could mean fulfilling a life long dream to tour a part of the world that you have never seen.

Whatever your definition of success is, just decide that you are going to start to go get it. Many people never attain what they want because they never truly know what THEIR definition of success is. Get your definition of success and then flip the switch!

## Getting Your Mind to accept what you want not what you don't want

The next step in the process is to get your mind to accept the powerful new objectives that you want. You must get a clear picture of what you want in order to go towards that direction.

Sometimes you must force the direction of your mind. At first your mind will resist going in the direction you want it to go. Get control of the mind and get it to accept what you want it to. The subconscious mind as stated before, will take any thought or experience and catalog it, whether it is real or imagined.

At first, you will be focusing on where you want to be, not where you are. The mind can be tricked into thinking one way or the other. The thing is you must make sure that your outside physical actions are living up to what you are feeding to the mind.

## Putting Your Best Look Forward

Part of creating a powerful attraction force is looking the best that you can. It is not important how you look, but how you carry yourself. As long as you have a strong self-concept of yourself, others will look at you as attractive because you are comfortable with yourself no matter what physical imperfections one might have.

**Redirecting the Mind:** Focusing on the future that you want to create, not one that is dictated by your past. Again the past doesn't equal your future. Use this to redirect your mind efforts.

- ✓ Think attraction & that which you want to attract will follow
- ✓ Think non-attraction & you will get that.

## Exercise: Thought images and mental pictures for attracting what you want

1. Focus on what you want
2. Build a picture of that thing
3. Add density and depth to the image
4. Keep it in your mind at all times

**Affirmation: “ I Attract (Object of Desire) to me like a Magnet”**

## Creating The Mind Machine: Magneto

*The mind is a can be formed into a mechanism for attaining everything you ever wanted in your life.*

### What is a Mind Machine

A mind machine is mechanism that you can use to create a more powerful attracting force. The mind machine is one that you construct to perform tasks that you need in order to attract certain things to you.

As stated before, the mind is the most powerful tool that you have access to. By creating a mind machine, you are setting perimeters for how you are going to obtain the results that you are looking for.

The magneto can be turned on and off by you, just as you would turn off an appliance. The mind will follow the instructions that you give to it.

### How to Create a Mind Machine or Magneto

The mind machine is a personal tool that you create. It is a creative device that you use in order to achieve your goals and objectives. The design is based on how you want it to look and feel.

- **Projector**- Your eyes are the video portion of the projector and your ears are the audio portion. Use this projector to replay how you should have done something better or pre-play a situation in the future.
- **Magneto**- The machine is like a big electro magnet that can bring anything you want into your reality by turning it on and giving it directions and coordinates.
- **Workshop of the Mind**- You build a workshop that only you have access to. You control the entire process of what goes on there.

- **Computer with Editing Board-** You visualize a large computer in front of you that only you have permission to control. You set up certain guidelines for the programming. You also have controls that can increase the following:
  - Brightness
  - Increase size of picture
  - Make images more vivid

## How To Use It

You use the Magneto or Mind Machine to attract to you the things that you desire. It becomes a part of you. You control it and it acts on your commands and suggestions.

Most people have similar machines in their mind, the only difference is they use these “mind machines” for self-destructive purposes.

## Imagination/Visualization

**Exercise- Project & clothe your ideas with intense visibility/Clearness of the image.**

1. Start with an image of what you want
2. Start to put meat on the bones of that idea
3. Build it so strong that it is as if it already is happening
4. Future Pace it by seeing it as in your past
5. Mental picture of total fulfillment of your objective

**“Build in your mind that which you want to attract”**

## Visualizing what you want and the 5 different ways to do it

You can find many different ways to visualize, many different exercises and many different interpretations of what visualizing something is. One key point as it relates to visualizing is that some people can visualize more powerfully than others and so they will have a little bit of an edge on the actual visualization process.

Just like any talents that you have, some of you will be able to visualize better due to a better “**minds eye**” that will be able to see the pictures more clearly. Although this is true, what the exercises in this course will do is increase your ability to visualize and see things in a more real way.

There are primarily 5 ways in which to visualize and depending on what you are looking to accomplish will depend on which one you use and for what purpose.

**#1 Through Your Own Eyes-** This is where you do the visualization with you seeing all of the pictures through your own eyes. You are visualizing this as if you are in the picture.

**#2 Seeing Yourself in the Picture-** This is where you are seeing your self in the picture from another location. This would be like watching yourself on TV.

**#3 Seeing it from above-** This is the birds’ eye view from above. This allows you to see the image from above and looking down as if you were flying above the picture.

**#4 The Television Screen-** This is similar to #2, and the only difference is that you actually envision a TV and you have the control over the screen size, volume, brightness and other features.

**#5 From someone else’s viewpoint-** This is where you visualize using someone else’s vantage point. This allows you to be able to relate to how someone else may be viewing the situation.

## Imagine Abundance/Riches instead of Lack.

Peace instead of Discord  
 Health instead of Sickness  
 Prosperity instead of Mediocrity  
 Love instead of the void of love  
 Strength instead of weakness

**“He calleth the things that are not, as though they were....and the unseen becomes the seen. (Romans 4:17)**

**Attracting Piano Exercise (Example):** The piano can be any object of your desire.

1. You Don't have one to play
2. Visualize one with keys
3. Know that your Subconscious mind will find you one to play

## What is the Mindset of an Attractor

- **Controlling thoughts:** Attractors in life learn to control the thoughts in their head by disciplining themselves to only think positive thoughts. If you hold the wrong thought in the mind for too long, it will become manifest just like the good ones will, with the exception that negative thoughts are about 14 times stronger than positive ones.
- **What you think you become (See also “Think and Grow Rich”- Napoleon Hill):** Every thought that you have, fires off a picture of that thought causing your subconscious to focus on the picture for the amount of time you are focused on the thought. If the focus is on “Mind Garbage” or “Mind Candy”, it can only cause mixed results.
- **Sex Transmutation:** Learning how to take the physical aspect of sex and turning it into energy for the mind to develop positive habits, disciplines and achievements.

## Attraction Power

1. **Faith:** Having that tiny seed so that you can glimpse that which is in the unseen and make it seen.
2. **Receptivity:** Being open to the possibility of the attraction force.
3. **Initiating to contemplate God's riches:** Understanding that God wants you to have whatever you want and that he will bless you based on your ability to deserve it.

**“Project to the Future....Live in the Moment.”**

## PRINCIPLES OF SOWING AND REAPING

- **How to magnify your blessings:** You magnify your blessing in direct correlation to the amount you give back to the world. As a giver, your mind becomes free to accept the blessings that come from giving.
- **Understanding that your blessings are tied to your effort:** Blessings will come when you put the work in with belief that you are entitled to the blessings that your work has created.
- **Why some sabotage their blessings:** A lot of people feel they are not worthy of blessings based on their perception of what it takes to receive those blessings. Most people put in a sufficient amount of work, but where they fall short is believing that they have not done enough work to receive the blessings. Once you acknowledge your effort the blessings will follow.

### Shortage of Blessings

1. **Greed:** You are never satisfied and your lust for more gets in the way of how you received the blessings in the first place.
2. **Selfishness:** Being not willing to share your blessings with others.
3. **Fear:** Instead of being faithful and knowing that more blessings are headed your way, you covet the blessings as if they are the last ones you will ever receive thus causing you to receive that which you fear the most to come to pass.

**“Bless others and you will be blessed yourself”.**

## Potent Attraction Techniques: Unlocking the keys to the Magneto Process

*Specific strategies and techniques will allow your mind to associate and build a strong link to the objects you desire to attract.*

**What the Mind Responds To:** When looking to attract someone, these are the key emotional triggers that will bring someone at your request.

- The Desire for Sex Expression
- Love
- A burning desire for fame, power, financial gain, or money
- Music
- Friendship
- Goal alignment with those of a like mind
- Mutual Suffering
- Auto Suggestion/Self Hypnosis
- Fear
- Alcohol and Drugs

**“The only chance you have is the chance you make for yourself, so decide to make it a successful one.”**

## TURNING ON THE MAGNETIC LASSO OR CASTING YOUR ATTRACTION LINE

Just like a cowboy uses a lasso to bring a calf or bull into his control, you can use an energetic lasso that allows you to visualize pulling someone or something into your space.

### The Magnetic Attraction Box

You can also form a box or bubble around the person or thing you are looking to attract. This is a way to place someone into a box of your own design for your own reasons. The stronger you visualize these things the more they will manifest to reality.

### Creating an Instant Connection

- **People Want to Get to Know you When they can:**
  - Know You
  - Like You
  - Trust You
- **Breathing for attraction** (Inhale to attract): By using the inhale, you allow your powerful attraction to work in a pulling manner. Your outward breath can repel, but your inhale can attract people, animals or objects.
- **Intent:** Your intent must be that of an attractor, someone that will naturally and easily be able to attract or connect with anyone or anything whenever they desire.
- **Rapport Building:** To attract people, you need to know how to get into rapport with them and create a bond. (See Manipulation for more detail)
- **Modeling:** When you model someone's actions, it allows you to create a commonality with that person, thus causing you to develop a deep level of contact.

### Exercise: Thought images and mental pictures for attracting what you want.

1. Focus on what you want
2. Build a picture of that thing
3. Add density and depth to the image
4. Keep it in your mind at all times

## Exercise- You are the Distribution Center for Wealth

1. You bestow it on others first
2. Unlimited Inventory
3. You have the right to anything you want if your motive is right

**Faith is.....The substance of things hoped for, evidence of things not seen (Hebrews 11:1)**

## FAITH, ZEAL, CONFIDENCE is WEALTH ENTHUSIASM

1. Creative power is in thoughts and feelings
2. Learning to limit circumstances and block them
  - a. Impediments
  - b. Obstructions
  - c. Delays
  - d. Obstacles

## Powerful Attraction Techniques for:

- ✓ **Wealth:** Focus not only on the wealth that you want, but the physical aspects to that wealth.
- ✓ **Romance:** Build the perfect partner in your head first and then let your Mind Machine work to find that perfect partner.
- ✓ **Good Fortune:** Believe that you have worked for the good fortune instead of looking at it as luck.
- ✓ **Business:** Set your business objectives concisely and build the business in your Mind Machine first.
- ✓ **Energy:** Imagine vast amounts of magnetic energy attaching to your body for the use of helping yourself and others.

**“We always think in pictures, so always Imagine your mental pictures as moving pictures not still pictures”**

### 3 Steps to More Attraction Power

1. Never make a negative statement on what you are looking to attract
2. Condition your mind daily to attract that which you want
3. Fall asleep at night by giving your subconscious directions to get what you want.

**Affirmation: “Wealth, Prosperity, Success, Love is Mine Now!”**

### Thought Control

- You have complete control over your thoughts
- What ever you think about will manifest unless you neutralize it by a contrary thought.
- Your sub-conscious mind moves as it is acted upon by your thoughts

### Exercise- The Mental Attraction Bank

1. Envision a great bank
2. You have the key to all that is in there.
3. You can withdraw or add deposits when you want
4. You can transfer to others

**“GOD IS IN CONTROL SO BE NOT AFRAID” .  
“GOD IS YOUR EMPLOYER”**

### Exercise- Attraction Imagination Exercise

1. Imagine the local bank mgr/ woman/man of choice/ job of choice/ vacation/ anything you want coming up to you and congratulating you on a job well done.
2. In your imagination hear a friend saying....
  - a. What a bank account he/she has
  - b. What a beautiful wife or handsome husband
  - c. He/she has the best job
  - d. Can you imagine going to where he/she goes on Vacation?
3. I am attracting to me \_\_\_\_\_ because I am ethical, moral and looking to help my fellow man in all I do.

## Exercise- In your Mind, Think of Attracting

- ✓ Harmony
- ✓ Success
- ✓ Prosperity

Increase the Power of Your Mind > Plant in your mind the following:

1. Thought
2. Feeling
3. Imagination

## Targeting Your Objectives with Authority

- **Goals must be Written, Dated and reviewed daily:** The key to achieving your objectives is to not only have the goals written down, but that you review them several times daily.
- **How to attract your goals like magic:** Use the Mind Machine as the mechanism with which to attract the objects of your desire. Use all of the principles of the mind and attraction and things will come to you in ways that seem
- **How to Goal Get not just Goal set:** Focus on the goal as being something that you have already achieved in the past. Once you already own the goal or objective in your mind, it will reveal itself into reality.
- **Why people miss their goals-:**Lack of Belief and faith in the obtaining the goal. Quitting before you should. Never back off of a goal, and if you miss it just reset it.
- **Goal Visualization:** Make it clear, concise and as real as you can. (see visualization sections)
- **Creating a probable future:** Believe in the possibilities and go after your goals and dreams with relentless determination.

**Affirmation: “My words heal, quicken, vitalize, prosper, satisfy, persuade & make rich everyone I meet.”**

## Bonus Section: Napoleon Hill's Success Principles

*Here are some of the principles have helped thousands of people to become wealthy in all areas of their life. Study these principles and put them into practice and you will surely know the meaning of getting out of life exactly what you want and expect.*

### The Power of the Mind- Napoleon Hills Principles

#### The Power of Definite Purpose\*

- The starting point of all individual achievement is the adoption of a definite purpose and a definite plan for its attainment
- Any dominating idea, plan or purpose held in the mind, through repetition of thought, and emotionalized with a burning desire for its attainment, is taken over by the subconscious section of the mind and is acted upon, and it is thus carried through to its logical climax by whatever natural means may be available
- Any dominating desire, plan, or purpose held in the conscious mind and backed by absolute faith in its realization is taken over and acted upon by the subconscious section of the mind, and there is no known record of this kind of a desire having ever been without fulfillment.
- The power of thought is the only thing over which any person has complete, unquestionable control- a fact so astounding that it connotes a close relationship between the mind of man and the universal mind of infinite intelligence, and the connecting link between the two being Faith.

- The Subconscious portion of the mind is the doorway to Infinite Intelligence, and it responds to one's demands in exact proportion to the quality of one's Faith! The subconscious mind may be reached through faith and given instructions as though it were a person of a complete entity unto itself
- A definite purpose, backed by absolute faith is a form of wisdom, and wisdom in action produces positive results.

### The Fundamentals of Faith: \*

- 1) Definiteness of Purpose supported by personal initiative or action.
- 2) The habit of going the extra mile in all human relationships.
- 3) A Master Mind Alliance with one or more people who radiate courage based on Faith, and who are suited spiritually and mentally to ones needs in carrying out a given purpose.
- 4) A positive mind, free from all negatives, such as fear, envy, greed, hatred, jealousy and superstition. (A positive mental attitude is the first and most important of the Twelve Riches).
- 5) Recognition of the truth that every adversity carries with it the seed of an equivalent benefit; that temporary defeat is not failure until it has been accepted as such.
- 6) The habit of affirming one's Definite Major Purpose in life, in a ceremony of meditation, at least once daily.
- 7) Recognition of the Existence of Infinite Intelligence which gives orderliness to the universe; that all are minute expressions of this Intelligence, and as such the individual mind has no limitations except those which are accepted and setup by the individual in his own mind.
- 8) A careful inventory (in retrospect) of one's past defeats and adversities, which will reveal the truth that all such experiences carry the seed of an equal or greater benefit.
- 9) Self-respect expressed through harmony with one's own conscience.

10) Recognition of the oneness of all mankind.

- From The Master Key to Riches by Napoleon Hill

## Summary

Take the concepts in this book and practice them until they are second nature to you. The only way that these concepts and strategies won't work is because you don't work them. Make a habit of this and you will attract what ever great thing you want in your life.

*A. Thomas Perhacs*

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**Manipulation: The Master Secrets to Covert Persuasion & Hypnotic Influence**  
**(Approximate Running Time, 6 hours)**

**Disk 1:** Intro & The Energy of Covert Influence/ The Attitude of a Controller

**Disk 2:** Creating a Strong Connection/ Motives/ Strength of Concentration

**Disk 3:** Trance Induction/ Subliminal Directives/ Potent Word Structures

**Disk 4:** Highly Powerful Suggestion Strategies

**Disk 5:** Stimulus Response Triggers/ Quick Reference Guide and Review

**The 12 Devices That Almost Hypnotize** (Approximate Running Time, 30 minutes)

**Disk 1:** Contains insights into the bonus booklet included with your order

**Magneto: How to Master Your Attraction Power** (Approximate Running Time, 2.5 hours)

**Disk 1:** Laws of Attraction, Creating a Magnetic Energy, Advanced Mind Power Training, Building an Instant Connection

**Disk 2:** Building a Mind Machine/Magneto, Imagination and Visualization, Attraction Techniques, Overview and Advanced Concepts

**Rapid Fire: Advanced Hypnotic Influence Strategies** (Approximate Running Time, 80 minutes)

**Disk 1:** Intent, Trance, Voice Power, Hypnotic Protocol, Hands and Eyes, Suggestions & Commands, Induction

**Power of the Mind: The Six Laws of the Mind** (Approximate Running Time, 1 hour)

**Disk 1:** Six Laws of the Mind, Affirmations, The Divided Mind, Faith, Bonus Section

**Mastery Through Meditation: Set No Limits on What You Can Achieve** (Approximate Running Time, 2 hours)

**Disk 1:** Meditation Instructions, Affirmations, Goal Setting and Achieving

**Disk 2:** (2) 30 Minute Guided Meditations